

Slim & Sassy Wraps



1. Before getting started, take measurements
2. Add Slim & Sassy metabolic blend plus all the other essential oils into a 4 oz spray bottle; top off with grape seed oil
3. Spritz, 3 - 5 times to areas of concern with the wrap solution; add a few drops of Cypress to thigh area if desired

4. Wrap with cheesecloth (optional) then with 3 or 4 layers of plastic wrap; leave for a minimum of 1.5 hours or overnight; expect to experience a warm/cool detoxifying effect and can result in loss of 1/2 - 6 inches
5. Take measurements after removing wrap

Slim & Sassy Wrap Kit - contains 15mL bottles of all 8 essential oils; including lemon (grape seed oil not included). Retail at 185.34 or open a Wholesale account 174.00 includes an initial 1-year membership; plus tax and shipping.



drink extra lemon water before and after wrap



40 drops Slim & Sassy
15 drops Wintergreen
15 drops Eucalyptus
10 drops Lavender
10 drops Grapefruit
10 drops Peppermint
grape seed oil